

Covid-19 Facilities and Activity Delivery Guidance during Social Distancing

We have collated the latest guidance and resources for operating sport and leisure facilities and delivering physical activity in line with Covid-19 social distancing requirements. The majority of the guidance below is directed towards *all* sport and leisure facilities, but some is specific to school-based facilities (DfE / DCMS section). Please bear in mind that it is likely that this guidance will change in line with developments in social distancing requirements, but every effort will be made to ensure it is up to date:

DfE / DCMS

The Department for Education has published two pieces of guidance on <u>GOV.UK</u> about community activities, holiday and after-school clubs as well as other out-of-school provision for children over the age of 5.

The guidance informs providers of the protective measures that need to be in place to ensure that such settings can open as safely as possible, and the practical steps they can take to minimise the risk to children, staff and parents who attend their settings by reducing the risk of infection and transmission of the virus.

• Guidance for Activity Providers for holiday, after school clubs and other out of school hours settings

If you operate outdoor facilities or deliver activity outdoors, you should also refer to the DCMS <u>Guidance on</u> the phased return of outdoor sport and recreation.

Alongside this guidance has been published for parents and carers on the precautions they should be taking if they are thinking of sending their child to any provision over the summer period.

• Guidance for Parents and Carers for children attending out of school settings

UK Active

UK Active provides services and facilitates partnerships for a broad range of organisations within the sport and leisure sector, with the overarching aim of getting more people more active, more often. They have developed a framework for the safe delivery of children's activities during Social Distancing, intended for implementation when Covid-19 restrictions allow providing underlying guidance in every area. All other guidance for the sector has been developed using this as a basis.

• Framework for the Safe Delivery of Children's Activities during Social Distancing

They have also developed guidance and a code of conduct for working with and supporting school delivery during social distancing aimed at the activity provider sector during social distancing.

Guidance and Code of Conduct for Activity Providers

More broadly speaking they have developed a framework for the re-opening of the gym and fitness industry. This document provides guidance which will be applicable for the operation of specific sports facilities within your school:

• Framework for the re-opening of the Gym and Fitness Industry

UK Active have also developed a campaign to support the transition back in to sport and leisure facilities; "Fit Together". The campaign aims to raise awareness among the public that people can return to their facilities and be active in a safe environment. This message will be supported by fitness and leisure operators adopting

the UK Active framework for reopening, providing the best practice required to give both staff and customers total confidence when visiting or working in a facility. Further details and resources are available by downloading the free toolkit at <u>https://shop.ukactive.com/</u>.

CIMSPA

CIMSPA are the Chartered Institute for the Management of Sport and Physical Activity. Together with a number of sector partners, they have compiled a library of useful resources covering the full spectrum challenges to help facilities to re-open. Full details can be found <u>here</u>, or you can jump to specific sections below:

- Social distancing in the sport and physical activity sector
- <u>Re-opening Health and Safety Guidance</u>
- <u>Activity delivery in outdoor spaces</u>
- Hygiene and cleanliness
- Encouraging customers to return #makethecomeback

Swimming Pools

Specific guidance for swimming pools has been developed by a number of industry bodies covering all areas of facility operation and activity provision as follows:

- Swim England have published their "Returning to the Pool" guidance for the sector ahead of the reopening of pools based on the latest scientific advice and Government guidelines. The guidance covers five key areas:
 - o <u>Guidance for Swimming Pool Operators</u>
 - o Guidance for Community Swimming
 - o Guidance for Users
 - o Guidance for Swimming Lessons
 - o <u>Guidance for Swimming Clubs</u>
 - Additional support and resources (including risk assessment templates for activity).
- Swimming Teachers Association: The STA have published guidance measures to take for their Member Swim Schools in preparation for the re-opening of pools in line with the UK Active Framework:
 - o STA Guidance for Swim Schools
- RLSS: The Royal Life Saving Society in conjunction with Swim England have provided safety guidance for swimming teachers who are providing safety cover for swimming lesson delivery, and for managing lifeguards during Covid-19:
 - <u>Guidance for Swimming Teachers Providing Safety Cover for Swimming Lessons During</u> <u>COVID-19</u>
 - o Guidance for Swimming Pool Operators Managing Lifeguards During COVID-19
- PWTAG: The Pool Water Treatment Advisory Group has provided the following guidance on temporary pool closure, water treatment and to assist in the re-opening process:
 - PWTAG Guidance and Technical Notes

National Governing Bodies

Many NGB's for sport have now published their own guidance on delivering their sport safely in preparation for the re-opening of facilities. Please refer to the relevant NGB for specific details. Some links are provided below:

- British Cycling
- British Gymnastics
- British Weightlifting
- England & Wales Cricket Board (ECB)

- England Badminton
- England Hockey
- England Netball
- England Squash
- Football Association (FA)
- Lawn Tennis Association (LTA)
- Rugby Football Association (RFU)
- Table Tennis England